

## **ERASMUS+ Project, Adult Mobility**









# ERASMUS+ MOBILITY PROJECT

# I SELECTION AND PREPARATION OF PARTICIPANTS – YOUNG PEOPLE WITH DISABILITIES

- 20-hour Spanish language course
- Preparatory meetings (also with families)

## II MOBILITY

- 1 month internship in Barcelona with Sagitter Training as the host organization
- 11 participants, 2 accompanying persons, double rooms in the University residence
- Organized group cultural visits

## **III LEARNING EVALUATION AND FOLLOW-UP**





Arricchisce la vita, apre la mente.



# THE OBJECTIVES OF THE EXPERIENCE:





Enhancing participants' language skills from an employment perspective;

To promote the personal growth of participants by fostering their awareness of their own abilities, life vision, and understanding of society through experience;



To foster the development of professional and intercultural skills and autonomy through both formal and non-formal approaches.



# ESSENTIAL ASPECTS IN EVERY MOBILITY

- Participant selection
- Preparation before departure (participants and families)
- Selection of suitable internship places for each participant
- Accompanying people with disabilities during the experience
- Management of administrative, organizational and contractual aspects
- Evaluation and recognition of learning results



**TEAM CREATED** 

# Irecoop Veneto



ULSS





# **PARTICIPANT SELECTION CRITERIA**

- Diagnosis: Mild cognitive disability, high-functioning autism, youth in developmental crisis
- Good psychopathological compensation
- Operation: autonomy in pharmacological management, in the use of means and technology, compatibility with the size of the group
- History of the person compatible with the experience
- Indication towards experiences outside the everyday context
- Family accomplice (tolerance of distance and loss of control)
- Employability paths not yet structured (e.g. no hiring or civil service in which a suspension compromises the path)





# **Key Considerations**

Stimulation of emerging skills

Emergence of new opportunities/freedoms

Allowing oneself to do/be differently

A structured yet invisible safety net

The need for appropriate timing in the preliminary preparation of the individual and the group

The need for appropriate timing in the preliminary preparation of the family

A forward-looking mindset (ensuring that it does not remain a «bubble» in the person's life, but becomes part of a continuos developmental journey)







## THE JOURNEY between

- Experiences
- Sensations
- Emotions

### Experiment and be amazed!



# LOCAL NETWORK AS «THE EDUCATING VILLAGE»











### Krastina Zita



### Monica Decoppi



### Lorella Corazzin

